

Mon Health P3 Program



The P3 Program is a full-service virtual outreach program based at your Mon Health OB/GYN office. Our team of experts provide new OB education (even if it's not your first baby) virtual support groups, pre delivery feeding education, childbirth education, and follow-up in person consultations. We also offer warm hand-off referrals for any specialized care you may need. Lots of moms have mood changes related to pregnancy and postpartum hormone changes. We are here to support you through your pregnancy and your whole first year postpartum.



**Jennifer Bender
RN-C, IBCLC, PMH-C**

Jennifer.Bender@VandaliaHealth.org

Perinatal Nurse Navigator

Internationally Board-Certified Lactation Consultant

- Provides comprehensive follow-up and care coordination to postpartum families
- Offers individualized feeding support to parents based on their feeding goals
- Facilitates weekly virtual support groups to cultivate community among pregnant and postpartum patients



**Kelly Gilbert
RN, BSN, CCCE**

Kelly.Gilbert@VandaliaHealth.org

Perinatal Nurse Navigator

CAPPA Certified Childbirth Educator

- Provides supportive outreach to pregnant patients that screen at risk for perinatal mood symptoms
- Serves as a resource of contact for health care related questions
- Manages referrals and follow ups for specialized mental care



**Kristen Frisco-Strosnider,
RMA, CTTS**

Kristen.Frisco-Strosnider@VandaliaHealth.org

Perinatal Nurse Navigaor

- Provides individualized orientation and navigation to all patients throughout pregnancy
- Serves as a resource and point of contact for healthcare-related questions and care facilitation
- Offers strength-based education and empowerment for pregnant patients



**Mindy Mussano,
RN, ADN**

Mindy.Mussano@VandaliaHealth.org

Perinatal Nurse Navigator

- Provides comprehensive navigation and coordination of services for expectant families based on their individual needs
- Offers strength-based education and empowerment for pregnant and postpartum patients
- Facilitates support for those experiencing mental health or substance use-related concerns



Scan Code

For more information about our program, team, and links to our virtual support groups, please scan the QR Code and visit our website.



Morgantown 304-599-6811

Hopwood 724-437-2147

Fairmont 304-366-6100

Weston 304-269-3108